

# Airman & Family Readiness Center

## January 2019

Call 919-722-1123 to sign up for classes or additional information

Visit us at [www.sjfss.com](http://www.sjfss.com) or [www.facebook.com/sjafrc](https://www.facebook.com/sjafrc)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <b>Federal Holiday Center Closed</b>	2 <b>Pre-Separation Briefing</b> 12:30 pm - 4:00 pm	3 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Remote/Pre-deployment Briefing</b> 1:30 pm - 3:00 pm	4	5
6 <b>EFPM Sunday Bowling</b> 11:00 am—1:00 pm	7 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm  <b>Hearts Apart Bowling</b> 5:00 pm - 9:00 pm	8 <b>Moving Off Base 101</b> 10:00 am - 11:00 am  <b>Higher Education Track (8-9Jan)</b>	9 <b>Couples Communication PREP</b> 9:00 am - 2:00 pm <b>Pre-Separation Briefing</b> 8:30 am - 12:00 pm <b>EFMP Sip and Chat</b> 9:30 am - 10:30 am  <b>Higher Education Track (8-9Jan)</b> 8:30 am - 4:30 pm ( Ed Ctr)	10 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Civilian Resume/ interview and Job Search</b> 9:00 am - 11:30 am <b>Remote/Pre-deployment Briefing</b> 1:30 pm - 3:00 pm	11 <b>Connections for Caretakers</b> 11:00 am - 12:00 pm	12
13	14 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm  <b>Hearts Apart Bowling</b> 5:00 pm - 9:00 pm	15 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Newcomers' Orientation</b> 8:00 am - 3:00 pm (Heritage Hall) <b>"Get Connected" Spouse Newcomer's Orientation</b> 9:30 am - 11:30 am <b>Hearts Apart Dinner &amp; Social</b> 5:00pm - 7:00 pm	16 <b>Pre-Separation Briefing</b> 8:30 am - 12:00 pm  <b>Bundles for Babies</b> 8:30 am - 12:00 pm	17 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Remote/Pre-deployment Briefing</b> 1:30 pm - 3:00 pm	18 <b>Lunch N Learn: Financial Basics for Young Adults</b> 11:30 am—1:00 pm <b>Panel to Employment</b> 3:00 pm—4:30 pm	19
		<b>Boots to Business 15-16 Jan 8:30 am - 4:30 pm</b>		<b>Career Tech Track (17-18 Jan) 8:30 am - 4:30 pm</b>		
20	21 <b>Federal Holiday Center Closed</b>	22 <b>First Duty Station Officer Briefing</b> 10:00 am - 11:00 am	23 <b>Pre-Separation Briefing</b> 8:30 am - 12:00 pm <b>EFMP Roundtable Meeting</b> 5:00 pm - 6:00 pm	24 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Are You LinkedIn?</b> 9:00 am - 10:30 am <b>Remote/Pre-deployment Briefing</b> 1:30 pm - 3:00 pm	25 <b>Keys to Successful Investing</b> 11:30 am - 12:30 pm	26 <b>EFPM Movie Kitty Hawk Playground</b> 6:00 pm—8:00 pm
27	28 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Hearts Apart Bowling</b> 5:00 pm - 9:00 pm	29	30	31 <b>Reintegration Briefing</b> 9:00 am - 12:00 pm <b>Remote/Pre-deployment Briefing</b> 1:30 pm - 3:00 pm		
<b>Transition Assistance Workshop (28 Jan -1 Feb) 8:00 am - 4:30 pm (Ed Ctr)</b>						

**Airman's Attic Hours**



**Tuesday's**  
11:00 am - 2:00 pm

**Thursday's**  
10:00 am - 1:00 pm

**2nd Saturday - All Ranks**

## Class Description

**Are you LinkedIn?** - What is LinkedIn? How does it work? Ninety-four percent of recruiters use LinkedIn to vet candidates for their open positions. Learn how to use LinkedIn to network with colleagues, recruiters, and other job seekers to find a great job! Class is taught by a representative from Wayne Community College. **Location Family Life Center.**

**Bundles for Babies** - Air Force Aid Society (AFAS) program designed to provide expectant parents with quality information and resources. Jointly sponsored by the Airman & Family Readiness Center (A&FRC), Family Advocacy, the Partnership for Children of Wayne County, Officer and Civilian Spouses Club (OCSC), and the Health and Wellness Center (HAWC). Our program is open to all ranks of active duty members and there is no requirement that participants be first time parents. **Location Family Life Center**

**Boots to Business** - Facilitated by the Small Business Administration, this two-day workshop is for those individuals who are interested in developing a small business or franchise. Priority goes to members enrolled in our Transition Assistance Program. **Location Wayne Community College.** Contact the A&FRC for more information 919-722-1123.

**Career Technical Track** - The Career Technical Training Track (CTTT) is conducted by the Department of Veterans Affairs (VA) and designed to assist Service members and/or spouses in transitioning to civilian life, while navigating through the choices and decisions involved in selecting a technical career. Participants will receive assistance in identifying required credentials and investigating training options to pursue those qualifications. The outcome is a customized plan for success to help smooth a Service members' transition to a technical career. **Location Education Center Rm 211**

**Civilian Resume/Job Search Class** - Learn how to develop an effective resume, conduct a job search and important tips on the interview process. Class is taught by Wayne Community College. **Location Family Life Center.**

**Connections For Caretakers** - Support Group for Caretakers. **Location Family Life Center**

**Couples Communication PREP** - Conflict Resolution program for couples - one session long from 9 until 2 PM Lunch will be provided. If childcare is needed please call 919-722-1123. **Location Family Life Center**

**Exceptional Family Member Program Movie Night** - Free movie for families with special needs. To accommodate children with autism and other sensory needs. **Location Kitty Hawk Playground.**

**Exceptional Family Member Program Family Sunday Bowling - Bowling** and shoes will be free to all EFMP members and families with special needs. Retirees are welcome. Food may be purchased. No sign-up required.

**EFMP Sip and Chat** - Support Group for Spouses on the EFMP Program. Coffee and Tea provided or bring your own. **Location Family Life Center.**

**First Duty Station Officers** -Financial Briefing for 1st Duty Station Officers that covers pay and entitlements, banking and allotments, checkbook/debt management, budgeting and saving retirement planning, insurance credit management car buying, PCS finances, investment tool and persona and family readiness. **Location Family Life Center.**

**Get Connected” Spouse Newcomer’s Orientation** - Spouse breakout session during Newcomer’s Orientation specially designed to assist spouses after arriving at the base. Topics covered are Tricare, Spouse Employment & Education, things to do in the area, school information and a lot more. RSVP to 919-722-1123. **Location Heritage Hall.**

**Hearts Apart Bowling Night** - Free bowling every Monday night for deployed and remote tour families.

**Hearts Apart Dinner & Social** - For deployed and remote spouses & families. Event will be held at **Heritage Hall** from 5:00 pm - 7:00 pm. Please RSVP to unit Commander or 1st Sergeant or call 919-722-1123.

**Higher Education Workshop** - This two-day workshop is for those individuals who are getting out of the military and plan to go to college or university. Priority goes to members enrolled in our Transition Assistance Program. **Location the Education Center Rm 211**

**Keys to Successful Investing** - General overview of goal setting and investing. **Location Family Life Center.**

**Lunch N Learn: Financial Basics for Young Adults** - General overview of goal setting, budgeting, saving, managing credit. **Location Family Life Center**

**Moving Off Base 101** - Essential financial tips to effectively move out of the dorms. **Location the Family Life Center.**

**Newcomers’ Orientation (Right Start)** - Mandatory Wing wide briefing for all newcomers and their families to attend. Participants receive mandatory briefings (EEO, SARC, Safety, etc.), base and local area information, and various agencies provide resources and information at the Information Fair; all designed to help new arrivals thrive! **Location Heritage Hall.**

**Panel to Employment** - Helps individuals prepare for employment in the private sector. **Location Education Center Rm 211**

**Pre-deployment/Remote Briefing** - Mandatory for personnel deploying/TDY 179+ days or going on a Remote assignment. Helps ensure members are "ready" to deploy. **Location Eagle’s Landing Pegasus Rm..**

**Pre-separation Briefing** - Congressionally-mandated transition briefing for all DoD personnel who are separating or retiring; required **at least 90 days** before DOS/DOR/. **Location Education Center Rm 211**

**Reintegration Briefing** - Mandatory for ALL Warriors returning from deployment. Helping agencies help prepare members to reintegrate into work and family environment. **Location Eagle’s Landing Pegasus Rm.**

**Transition Assistance Workshop** - Provides information on VA benefits, civilian employment, resumes, interviews, etc. for those personnel transitioning from the military to civilian life. **Location the Education Center Rm 211.**

**Note: All the above classes are “Passport” approved!**