

2019

Give Parents a Break



The Air Force Aid Society (AFAS) recognizes that Air Force families are subject to unique stresses due to the nature of military life—deployments, remote tours, extended working hrs, etc. Families are often separated from spouses as well as from extended family members who might otherwise offer support. In an effort to help these families, the AFAS, in cooperation with the Air Force child care community, has agreed to provide funding for childcare under a program called “Give Parents a Break.” The purpose of this program is to offer eligible parents a few hours break from the stresses of parenting.

Eligible “Give Parents a Break” users include parents:

- Whose spouse is deployed or on remote tour over 30 days
- Whose spouse is on an extended TDY
- Who have been experiencing a family crisis
- Whose child has special needs
- Whose spouse has been required to work extensive extended shifts

To be eligible for the program, families must be referred by one of the following base agencies:

Squadron CC/ 1st Sgt • Chaplain • Family Advocacy • Airman & Family Readiness (A&FRC) • CDC / Youth Center

Give Parents a Break

Registration begins 2 weeks prior and ends the Wednesday before the date listed.

Saturdays

12 Jan (9:00 - 1:00)	9 Feb (9:00 - 1:00)	9 Mar (6:00 - 10:00)	13 Apr (9:00 - 1:00)
11 May (9:00 - 1:00)	15 Jun (6:00 - 10:00)	13 Jul (9:00 - 1:00)	10 Aug (9:00 - 1:00)
21 Sep (6:00 - 10:00)	19 Oct (9:00 - 1:00)	16 Nov (9:00 - 1:00)	14 Dec (6:00 - 10:00)

To register, call

Child Development Center (6 wks-5yrs) @ 722-1198, Youth Center (5-12 yrs) @ 722-0502
Or the A&FRC @ 722- 1123 for eligibility/certificate questions

If you want care but do not qualify for GPAB, you can still sign up and pay \$5 per hour for child care.

Special Note:

- Children must have current immunizations before they can be enrolled. Call Immunizations @ 722-1802 (press 2, 2)
- A completed [AF Form 1181](#) -Open-toed shoes are prohibited 5 yrs. & in Kindergarten will attend the Youth Center