

Wounded Warrior Run

Half Marathon or 10K

2010

May 1, 8 am
Showtime @ 7 am

Thrift Shop Parking Lot

\$30 Open to Everyone 18 & up

Pay Cash @ Fitness Center or Register at

**[http://www.active.com/running/goldsboro-nc/
wounded-warrior-half-marathon10k-run-2010](http://www.active.com/running/goldsboro-nc/wounded-warrior-half-marathon10k-run-2010)**

Proceeds Benefit the Wounded Warrior Project

Prizes for First & Second Place Male & Female

For Details go to [Www.WoundedWarriorProject.org](http://www.WoundedWarriorProject.org)

722-0408

Carb Overload Pasta Buffet

April 30, 4 - 7 pm

Southern Eagle Dining

