

SJAFB Fitness & Sports Center

Visitation Policy

- Visitors to the SJAFB Fitness and Sports Center are considered **house guests** and are expected to act accordingly
- As a military facility, military personnel have priority over house guests
- House guests must be accompanied by their sponsors at all times
- The sponsor is held responsible for any misuse or problems arising from use of this facility by his or her house guest
- Each sponsor is permitted two house guests at any one time
- Sponsors must be at least 18 years of age
- House guests must possess picture IDs (student ID, driver's license, work ID)

Customer Attire Policy (AFI34-266, Table 1.6.1.)

- Appropriate clothing must be worn to maintain a proper image in a military and family facility. Inappropriate language or graphics are prohibited. Athletic attire and athletic-type shoes must be worn in all activity and equipment areas. **NO TANK TOPS! T-shirts must cover the shoulders.** Court shoes with non-marking soles must be worn on court and group exercise room floors. Military uniforms, or part thereof, casual slacks/shorts, and jeans are considered non-exercise attire. Plastic/rubber suits are not authorized in any fitness facility, to include outdoor running tracks and fields. Customers not wearing proper attire will be asked to change or leave the facility.

Age Restrictions (AFI34-266, Table 1.1.)

16 years of age and over	Unrestricted use of all Fitness Center facilities and equipment. Need not be accompanied by parent or legal guardian.
13– 15 years of age	Cardiovascular Equipment and Weight Rooms: Require interactive supervision from a parent, legal guardian, or Youth Program staff member or coach. Other areas: (basketball court, racquetball, etc.) Parent or Legal Guardian must be in facility
6 – 12 years of age	Cardiovascular Equipment and Weight Rooms: Access to these areas prohibited Other areas: (basketball court, racquetball, etc.) Require interactive supervision from an adult at all times.
Under 6 years of age	Not allowed in facility with the exception of those facilities providing a parent/child area (PCA) for supervised play and/or those children who are supervised spectators in a sports or special event.