

stick with US SAVE MONEY



How we compare to others . . .

	BellaMorphosis	Gold's Gym	For Women Only	Curves	YMCA
Initial Joining fee?	No	Yes \$169 (\$1 if you sign on the spot) \$29 processing fee	Yes \$99 \$49 processing fee	Yes \$149	Yes \$100 (waived with \$25 card until Dec 15th)
Contract	No	Yes 1 year min.	Choice 1 yr. or monthly	Choice 1 yr. or monthly	No \$ is taken from account until you cancel
Penalty for canceling	No	Percentage of what remains on contract	% of what remains on contract		No Registration fee is non-refundable
Monthly Fee	\$25	\$29.99 (special until Dec 15th)	\$50/monthly Or \$25 with contract	\$39/monthly Or \$29 with contract	\$34
Classes	Yes 86/week	Yes 25/week	Yes 28/week	No	Yes 33/week plus aqua
Cardio Equipment	Yes	Yes	Yes	No	Yes
Childcare	Yes Free	Yes \$15/month	Yes \$10/month	No	Yes
Sauna	Yes	No	Yes	No	Yes
Massage	Yes \$45 1 hour	Yes \$60 1 hr.	No	No	Yes \$45 1 hour
Personal Trainer	Yes \$25/hour \$15/ half hr.	Yes \$25-\$35/hr	Yes \$17.50/Half Hr	Yes Instruct on how to use equipment	Yes \$20/hour
Motivational Programs	Yes Quarterly – free	No	No	Yes Prizes	Yes
Circuit Training	Yes 1 minute each machine/ able to adjust weights	No	No	Yes 35 seconds each machine/ hydraulic	No
Seminars	Yes Free to members	No	No	No	?
Specialty Classes or events	Yes	No	Yes	No	Yes
Tanning	No	Yes \$15	No	No	No
Total Year cost with childcare included	\$300/monthly, \$240 with 6 mos. or 1 yr membership	\$572.88 Or \$404.88 if join on the spot until Dec 15th	\$568/year with contract or \$769/year if monthly	\$497with contract or \$468/monthly	\$433 until Dec 15 th or \$508 after
Internet access	Yes www.sjafbsservices.com	Yes (not updated)	No	No	Yes
With a Bella Membership SAVE!	1 yr mem. save \$60 6 mo.mem. save \$30	\$164.88 with special/\$332.88 without	\$328 with contract \$529/monthly	\$257 with contract or \$228/monthly	\$193 until Dec 15 th / \$268 after

Survey of services and costs conducted by a member of BellaMorphosis. Results are current as of Nov 15, 2005

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