

MARCH 2010

FLASHpoint

4 FSS

Featuring the latest news in on-base
DINING - ENTERTAINMENT - EVENTS

Summer's Greatest Adventure
AIR FORCE SPACE CAMP
SEE PAGE 1 FOR DETAILS

AF HOOPS underway
SEE PAGE 5

DePLAYment Calendar of Events
SEE PAGE 8

Three Eagles Golf Course
2010 TOURNAMENT SCHEDULE
SEE PAGE 3



St. Patrick's
MEMBERSHIP PARTY
FEATURING MAGICIAN
Casey Michael

EAGLES LANDING
MARCH 17

SEYMOUR JOHNSON AIR FORCE BASE
FORCE
SUPPORT SQUADRON



FITNESS CENTER

MEN'S & WOMEN'S



UNIVERSITY SOFTBALL

BEGINS MAR 2010

**For more info contact
your squadron sports rep or
the fitness Center @ 722-0408**

FLASH
4 FSS
DINING - ENTERTAINMENT - EVENTS
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WWW.SJFSS.COM

St. Patrick's Day 5K

Luck of the Irish Run/Walk

Year of the Air Force Family

March 17th
3:30 pm

Fitness Center
Meet in back parking lot

Showtime 3:15 pm
Show your pride- wear green!
Open to all!

722-0408



NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED

Co-Hosted by the HAWC

Sign-up @ Fitness

DePLAYment *March Events*
SEE CALENDAR ON PAGE 8

STAY INFORMED!
www.sjfss.com

The 4FSS website is a valuable tool - full of information for Airmen and family members new to SJAFB.

Flashpoint is a 4th Force Support Squadron Monthly Publication distributed to Seymour Johnson Air Force Base.
This publication is a product of 4th FSS Marketing & Commercial Sponsorship

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1540 Goodson Street SJAFB, NC 27531
919-722-7155/5318/7153/7157

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The Summer's Greatest Adventure . . .

REGISTER TODAY AT THE YOUTH CENTER FOR AF SPACE CAMP *could be yours!*

The Air Force Space Camp (AFSC) is a residential 6-day program that shows youth firsthand what it takes to be an astronaut. Activities include simulated Space Shuttle missions, training simulators, rocket building and launches, scientific experiments, and lectures on the past, present, and future of space exploration.

Scholarship recipients must be able to attend the entire AFSC program. Recipients arrive in Huntsville, AL on Sunday, 25 July 2010 and depart on Friday, 30 July 2010.

HQ USAF/A1SA has funded all lodging, meals, and activity fees after arrival at Space Camp at no cost to attendees or their installation. Airline or POV travel costs to Huntsville, AL are the responsibility of the attendees or the installation's Youth Programs. Spending money for snacks, souvenirs, etc. are the responsibility of the participants.

The applicant must meet the following requirements:

- A dependent of Active Duty Military assigned to or living on an AF installation, AF Retired Military, AF Civilian Employees, Air National Guard or AF Reserve who have been activated within the last 12 months
- GPA of 2.8 (must provide documentation)
- Demonstrate an application of leadership abilities and social maturity through involvement in school and community activities
- Must demonstrate skills and achievements outside of the realm of science and outside the realm of academic pursuits
- Must demonstrate a curiosity and an eagerness to explore many varied topics

A complete application (typed) consists of an original of:

1. Official Nomination Form
2. A resume detailing your academic achievements and extra-curricular activities
3. A recent academic transcript
4. A letter of support from a teacher
5. Youth Programs Verification of Eligibility

APPLY NOW!
DEADLINE APRIL 12
CALL 722-0502

SPACE CAMP
Summers Greatest Adventure

722-0502

Your adventure begins at the U.S. Space & Rocket Center, Huntsville, Alabama
 Applications may be picked up at the Youth Center or
 downloaded at the www.sjfss.com website

Apply Now
Deadline is April 12

Must be an eligible user of the
 Air Force Youth Programs,
 12-18 years of age.

visit us at www.afyouthprograms.com
www.sjfss.com

USAF SERVICES
 Combat Support & Community Service

FORCE

YP
 youth programs
 United States Air Force

Auto Skills Center

1295 Jabara Avenue - 722-1309

**State Emissions
Inspection - \$30**

- No appointment needed
- For all authorized users

**Diagnostic Scan Tool
NOW Available! - \$30**

Locally available @ \$75-\$90
SAVE BIG WITH LIST!

- Save hundreds on unnecessary work!
- Diagnose any auto problem!
- Know what's needed before going to a garage!
- No appointment needed
- For all authorized users



FORCE www.sjsss.com

SWING INTO SPRING GOLF SPECIALS

MARCH 1 thru **APRIL 30**



Monday - Friday



\$20

Non-AGF holders

Ride & play all day

*includes breakfast or lunch - valued up to \$6
-no refund or change will be given on food order of less than \$6

\$13

Annual Green Fee holders

All day cart

*includes breakfast or lunch - valued up to \$6
-no refund or change will be given on food order of less than \$6



FORCE

Three Eagles GC 1385 S. Andrews Street
www.sjsss.com **722-0395**



Southern Eagle DINING

YELLOW RIBBON DINING

Is your spouse deployed or remote? This special dining offer is just for you. Dine with us every 2nd and 4th Thursday from 5 to 7 p.m.

A family or 3-4 can eat for less than \$10.

TGIAF

Thank God It's Appetizer Friday!

Join us the 2nd and 4th Friday of each month, during dinner hours.

Feast on mouth-tingling Hot Wings, Personal Pizzas, Chicken Nuggets, Egg Rolls, Mozzarella Sticks & More!

722-5298

722-0395

THREE EAGLES *Golf Course*

TEGA TOURNAMENT Schedule

March 13	Cross Country
March 27	Two-person Best Ball
April 10	The Masters
April 24	Tax Blues
May 8	Step ASide
June 5	Lemon Ball
June 26	Flag
July 10	Red, White & Blue
July 26	Triple Six
Aug. 14	Four Club
Aug. 28-29	Base/Retiree Championship
Sept. 11	Stableford
Sept. 25-26	Senior/Lady Club Championship
Oct. 2-3	Club Championship
Oct. 16	TEGA Championship
Nov. 20	Turkey Shoot
Dec 4	Toy Drive <i>Fore</i> Kids



TOURNAMENT KEY

	Three Eagles Golf Association
	Three Eagles Golf Course

CROSS Country

individual, 18-hole stroke play



MARCH 13
8:30 a.m. shotgun start

Points will be awarded for Player of the Year Honors.

Entry fee includes food
Regular greens & cart fee apply

\$15 TEGA members
\$20 all others

Entries close on
March 11 @ 3 p.m.



Year of the Air Force Family

2 person best ball

\$30 per team

regular greens & cart fee apply

3.27.09

tee times starting at 8:30 a.m.

Sign up as two-person teams by 3 p.m.,
March 25

Year of the Air Force Family

SAVE BIG ON THE GREEN!

Welcome Back to Golf **April 3**

10:30 a.m. Pre-swing Golf Clinic - Driving Range
***FREE bucket of range balls included with clinic; half-price on range balls for additional buckets

Learn more about the TEGC facility, our programs, and the rules and etiquette of the game.

12:00 p.m. Ride & Play All Day - See Pro Shop
***FREE rental clubs may be reserved while supplies last
***\$6 credit towards food or beverage (non-alcoholic) in the snack bar - TEGC Snack Bar will be open until 4 p.m. **\$20** per person

One Day ONLY 10% OFF
ALL Pro Shop merchandise
No other discounts apply

Year of the Air Force Family

APRIL 10
CALL FOR DETAILS



Outdoor Recreation

722-1104

Travel- Entertainment & Sports Tickets - Rentals - Skeet Range - Crafts & Framing

Outdoor Rec has your
TICKET to Fun! \$55
Purchase tickets today for

March 21 - Hurricanes vs. Sabres
All seats are for Section 123 or 130



Get you tickets at
Outdoor Recreation for the
funniest show in town!

MARCH 12

RBC Center - Raleigh Tickets - \$60

JEFF FOXWORTHY - BILL ENGVALL
and LARRY THE CABLE GUY



FORCE www.sjfss.com

Early Dismissal Paintball

March 10

2-5 pm

Ages 10 & up Paintball Field

\$8 Includes equipment & 100 rounds
Additional rounds \$3 for 100

12 & under Parents must be present
All participants must
have a release form
signed by their parents.
Form available @ ODR & field




Book Warrior Pines for your next family or unit event!
CALL 919-722-1104

Great Gift Ideas

at Outdoor Recreation

- *Embroidery
- *Framing
- *Etching
- *Classes

*You supply the bibs, basket liners, onesies, glassware, etc & they work their magic!



Air Force Hoops is underway ...

PLAY AND WIN UP TO \$10,000!

2010
AIR FORCE HOOPS
ONLINE BRACKET TOURNAMENT

Pick Up A Game Piece To Get Your Code

PLAY FOR FUN!
(FOR ENTERTAINMENT PURPOSES ONLY)

YOU COULD ALSO WIN \$5000, \$2500, \$1000!

Register and Play Online at www.afhoops.com

GO TO WWW.AFHOOPS.COM FOR DETAILS.

PICK UP A GAME PIECE AT PARTICIPATING FORCE SUPPORT SQUADRON FOOD AND BEVERAGE ACTIVITIES. LIMIT ONE GAME PIECE PER PATRON PER VISIT.

No Federal Endorsement of Sponsors Intended

offering basketball enthusiasts a free and exciting entertainment game, in conjunction with the 2010 Division I Men's National College Basketball Tournament Championship.

Pick up a game piece TODAY here at Seymour Johnson AFB from Planet Bowl, Three Eagles Golf Course or Eagles Landing Club with absolutely no purchase required!

Register on-line using the code on the game piece, and make out your tournament bracket beginning March 14. Play up to 10 brackets. Picks can be made and changed as often as desired, but final picks for every round must be submitted by 6 a.m. EST, March 18.

Points are awarded for every correct pick, with standings updated daily during the tournament. The object is to pick the winning teams in each of the games played during this year's NCAA tournament.



You don't win prizes for picking the right teams through the brackets but it does give you bragging rights for the entire Air Force.

Prizes are awarded based on random drawings of people who register to play Air Force Hoops.

1st Place - A trip for four to a 2011 Final Four Game

3 days/2 nights, hotel, air travel, car rental, game tickets and \$1,000 spending money (the winner chooses three people to take with them).

If the winner or immediate family member cannot attend the trip, an alternate winner is chosen.

2nd Place-\$5,000 3rd Place-\$2,500 4th Place-\$1,000

Participants must be 18 years or older.

What are you waiting for?

The Integrated Delivery System (IDS) is the working arm of the Community Action Information Board (CAIB), a collaboration of Seymour Johnson's helping agencies.

The IDS has the primary responsibility for providing family services and prevention and education activities related to individual, family and community concerns.

The installation IDS shall include the Airman & Family Services Flight Chief, Airman & Family Readiness Center Director, CAIB Executive, Family Advocacy Outreach Manager, Mental Health Officer, Health Promotion Manager, Wing Chaplain, Reserve Component, Air National Guard Family Program Representative, Wayne County Health Department, Wayne County Military School Liaison Officer, Sexual Assault Representative, Public Affairs Office, Equal Employment Opportunity Office, Drug Demand Reduction, Officers' and Civilian Spouses Club and the Enlisted Spouses Club.

HEALTH & WELLNESS

Strength Clinic

Ongoing in the Fitness Center

The Strength Clinic is open to anyone with a desire to improve his/her core strength. The goal of the clinic is to help those who struggle with core conditioning to identify why it's a struggle and assist them in increasing their abdominal and back strength. For more information, contact MSgt Downs at 722-0408 or the HAWC 722-0407.

Quarterly Running Clinic

Throughout the year!

This clinic is open to anyone with a desire to improve his/her run times. The clinic goal is to help those who struggle with running and assist them in increasing their stamina and speed. For more information, contact SSgt Spears at 722-0579 or the HAWC 722-0407.

Career Focus Program

FREE "Nurse Aide 1 Program" is now accepting applications. For more information contact Lee Wright at 919-722-1123

Federal and Civilian Resume Writing Class - March 5. 9:00 – 11:00 am

Learn How to Work a Job Fair March 10 at 10:00.

Call the Airman and Family Readiness Center at 722-1123 to sign up for the above classes.

"Career Fair" at Wayne Community College
March 17, 9 a.m. – 12:00 noon Details call 735-5151.

FAMILY CONNECTION

Integrated Delivery System Initiative

Veterans & Military Spouses Initiative Project, aka "The Veterans Initiative Project" (VIP)

Up to \$4,000 education GRANT and/or technical training GRANT funding is available to spouses of active duty Air Force military members at SJ AFB! Also eligible are retired unemployed military members or underemployed retired military members! The VIP which is funded through the American Recovery and Reinvestment Act of 2009. Do not delay as there are limited funds available! For additional information, contact Deborah Best at the Employment Security Center at (919) 731-7950.

HAP ARNOLD EDUCATION PROGRAM \$2000 College Grant

HQ Air Force Aid Society's \$2,000 college grant for active duty Air Force spouses and college aged children application period is HERE! Open to all Air Force ranks, this grant program remains competitive in its need-based selection criteria, uniquely tailored to recognize the proper weighing of family income and education cost factors, and is administered by ACT Recognition Program Services. The 2010-2011 applications and instructions are only available from our website, www.afas.org, and accepted for processing from now through application deadline of March 12, 2010.

Military Family Life Consultants

Need someone to talk to regarding a problem, situation, or stressor? Do consider contacting our Military Family Life Consultants who are located at the Airman and Family Readiness Center. Individual, Couples, and Family Counseling is available and provided by professional counselors. All sessions are confidential and no records are maintained. The counselors can meet you outside the office; anywhere but your personal residence. Call 919-440-2858!

TRANSITION ASSISTANCE (TAP)

Retiring or Separating? If so, attend the mandatory Pre-separation (2.5 hour session). Also, consider our optional 3-Day Vet Benefits and Employment Transition Workshops! Next Workshop is March 16-18, 8 a.m. to 4:30 p.m. at the Community Center Terrace Room! Spouses welcome! Call 722-1123 to register!

Readiness – Spouse Battlemind Training...

...Helps you and your family prepare for and endure deployment. Spouse Battlemind is the spouse's ability to face deployments with resilience and strength, allowing easier separations and smoother reunions. This amazing individual and family military readiness resource can be found at - www.battlemind.org Don't delay...visit today!



Bundles 4 Babies

"Bundles for Babies" is an Air Force Aid Society (AFAS) Program designed to provide expectant parents with quality information and resources and is sponsored jointly by the Airman & Family Readiness Center (A&FRC) staff, Family Advocacy, and many other community partners. The program is open to all ranks of active duty members and there is no requirement that participants be first time parents.

Our Financial Manager will cover "budgeting for baby," Family Advocacy will then present "Bringing the Baby Home," the Partnership for Children of Wayne County will discuss "Car Seat Safety," the EFNEP program will provide a presentation on nutrition.

At the end of class, each mother will receive an AFAS "Baby Bundle" loaded with baby items. All free, compliments of the AFAS! This class is typically held six times per year. Dads are encouraged to attend. Childcare is not provided, so participants must make their own arrangements. Our next class is March 17, 8:30 a.m. until 12:30 p.m., at the A&FRC, bldg 3602. Call 722-1123 to sign up for this exciting and informative class!



MY STRENGTH IS FOR DEFENDING.

So when she told the SARC* what that guy did to her, I said:
I'M GLAD YOU CHECKED OUT YOUR OPTIONS.

PREVENTING SEXUAL ASSAULT IS PART OF MY DUTY.

4 FW Sexual Assault Prevention & Response
Hotline: 722-7272 24/7 Cell: 919-920-7272 Office: 722-0155

AIRMAN'S ATTIC

The Seymour Johnson AFB Airman's Attic is designed to help reduce some of the cost of establishing a household for our junior enlisted members. All the items are donated and available at no cost to members E-6 and below, single or married as long as they are stationed at Seymour Johnson AFB. Limits on items per family will be posted on the door.

The Airman's Attic relies on volunteers to keep it open. Volunteers can work as many hours or as few hours as they like.

The Airman's Attic is only open on Tuesday & Wednesday, 9:30 a.m. – noon and Thursday 4:30 to 6 p.m. POC Emily Haffner at 919-722-7181, or e-mail airman.attic@gmail.com

The Health and Wellness Center **FIT ON FOUR PROGRAM** *Opened to base populace*

This is a self monitored walking program designed to get both owners and their pets physically fit. There is an incentive at the completion of the program.

Participants are encouraged to walk with their pets - increasing physical activity to promote health. The program runs throughout the year. There is an incentive at the completion of the program.

Interested participants can pick up programs at the HAWC, Base Library, Vet Clinic, and/or Fitness Center. For details, contact Arletta Thompson at 722-0407.

Stand up against Sexual Assault!

Be a Victim Advocate!

Victim Advocates provide essential support, liaison services and care to victims of sexual assault. Victim Advocates are active duty personnel who possess an empathetic personality and maturity to assist victims through extremely traumatic and very sensitive situations. If this describes you, become a Victim Advocate, contact the SAPR office today.

*4th Fighter Wing Sexual Assault
Prevention
and Response Office*

722-0155

SARC duty hours hotline: 722-7272
SARC 24/7 hotline: 919-920-7272

JOIN THE MONTHLY BOOK CLUB at your BASE LIBRARY

Brown Bag Book Club

Get your book now @ the Library

Life of Pi by Yann Martel - **March 3** Noon

Ruth Rendell THE WATER'S LOVELY - **March 17** Noon

Bring your lunch, drinks provided

The brown bag book Club

april 7 To Kill a Mockingbird By Harper Lee

april 21 The Left Hand of Darkness By Ursula K. Le Guin

noon

At the Library, Bring your lunch, drinks provided

722-5825

March 2010- DePLAYment Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>The Air Force is a great place to</p>	1	2 5 pm - Framing & Matting Class; Outdoor Rec	3 9 am - Framing & Matting Class; Outdoor Rec Noon - Brown Bag Book Club; Library	4	5 6 pm - Parents Night Out; CDC & Youth Center	6 * Frankie's Fun Park Trip; Youth Center - Call for Info Noon - Scrap Happy; Outdoor Rec 1 pm - Scrap Marathon; Outdoor Rec 9 pm - Comedy Show; Kitty Hawk Lounge
7 	8	9 11 am - Basic Sewing Machine Class; Outdoor Rec	10	11 6 pm - Family Game Night; Library	12 10 am - Morning Play Date; Community Center	13 11 am - Swedish Weaving Class; Outdoor Rec 9 pm - Vince Chapman & Friends Band; Kitty Hawk Lounge, Eagles Landing
14 7 pm - Golf Family Day; Three Eagles Golf Course	15	16 10 am - Apron Sewing; Outdoor Rec 11 am - Knitting Class; Outdoor Rec 5 pm - Framing & Matting Class; Outdoor Rec	17 9 am - Framing & Matting Class; Outdoor Rec Noon - Brown Bag Book Club; Library	18	19 6 pm - Family Movie Night - Aliens in the Attic; Community Center, Terrace Room	20 9 am - Parent Child Clinic; Three Eagles Golf Course 1 pm - Battleship NC Trip; Outdoor Rec
21 1 pm - Family Bowling; Planet Bowl 4 pm - Family Cosmic Bowling; Planet Bowl	22 	23	24	25	26 Noon - DePLAYment Book Club; Library 6 pm - Airmen Game Night; Library	27 * Neuse Park Hiking Trip; Youth Center - Call for Info 9:30 am - Easter Egg Hunt; Community Center 10 pm - DJ Skillz; Kitty Hawk Lounge
28	29	30	31 			





March 2010



Planet Bowl 1290 Andrews St. 722-0350

www.sjfs.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Buck & 1/2 Night. All Games and Shoes \$1.50. Domestic Draft and Hot Dogs Also \$1.50	2 Independent League @ 6 NO Open Play after 5:30	3 Penny a Pin Night 6 to 9. Pay what you score. Any game over 200 is FREE	4 Happy Hour 2 to 5 PM \$1 a game Bowl Your Brains Out! 6 to 9 pm \$5 All U Can Bowl	5 COSMIC BOWLING 10 PM to Midnight \$8 PP or \$35 per lane (up to 5 per lane)	6 9 Pin Tourney @ 6 PM 
7 Early Bird Bowling 1 to 3 PM Games only \$2 Family Cosmic 4 to 7 PM	8 Buck & 1/2 Night. All Games and Shoes \$1.50. Domestic Draft and Hot Dogs Also \$1.50	9 Independent League @ 6 NO Open Play after 5:30	10 Penny a Pin Night 6 to 9. Pay what you score. Any game over 200 is FREE	11 Happy Hour 2 to 5 PM <u>\$1 a game</u> Bowl Your Brains Out! 6 to 9 pm \$5 All U Can Bowl	12 COSMIC BOWLING 10 PM to Midnight \$8 PP or \$35 per lane (up to 5 per lane)	13 
14 Early Bird Bowling 1 to 3 PM Games only \$2 Family Cosmic 4 to 7 PM	15 Buck & 1/2 Night. All Games and Shoes \$1.50. Domestic Draft and Hot Dogs Also \$1.50	16 Independent League @ 6 NO Open Play after 5:30	17 St. Patrick's Day Penny-O-Pin. Pay what U score. Plus Snackbar Specials 6 to 9	18 Happy Hour 2 to 5 PM <u>\$1 a game</u> Bowl Your Brains Out! 6 to 9 pm \$5 All U Can Bowl	19 COSMIC BOWLING 10 PM to Midnight \$8 PP or \$35 per lane (up to 5 per lane)	20 9 Pin Tourney @ 6 PM 
21 Early Bird Bowling 1 to 3 PM Games only \$2 Family Cosmic 4 to 7 PM	22 Buck & 1/2 Night. All Games and Shoes \$1.50. Domestic Draft and Hot Dogs. Also \$1.50	23 Independent League @ 6 NO Open Play after 5:30	24 Penny a Pin Night 6 to 9. Pay what you score. Any game over 200 is FREE	25 Happy Hour 2 to 5 PM <u>\$1 a game</u> Bowl Your Brains Out! 6 to 9 pm \$5 All U Can Bowl	26 COSMIC BOWLING 10 PM to Midnight \$8 PP or \$35 per lane (up to 5 per lane)	27 Super Saver Saturday 12 to 5 p.m. <u>Games \$2.75</u> Scotch Doubles 6:30 p.m.
28 Early Bird Bowling 1 to 3 PM Games only \$2 Family Cosmic 4 to 7 PM	29 Buck & 1/2 Night. + Had a Birthday in March? Bring your ID and bowl 3 free games. 6 to 9 PM	30 Independent League @ 6 NO Open Play after 5:30	31 Penny a Pin Night 6 to 9. Pay what you score. Any game over 200 is FREE	COSMIC (glow in the dark) Bowling Every Friday and Saturday @ 10 PM to Midnight. \$8 PP or \$35 per lane (up to 5 people per lane) Reserve your lane 2-day: 722-0350		

Eagles Landing

CONSOLIDATED CLUB

722-1192

Simply
Seymours
Relocated
to the
Community
Center Bar Lounge
M-F
11 am - 1 pm
722-1340/0715

FORGE
Year of the Air Force Family

722-1192

St Patrick's Membership Party!

Featuring Magician Casey Michael

March 17
5 - 8 p.m.

Kitty Hawk Lounge

Prizes
Irish Food
Drink Specials

Members Only

* Includes an Irish buffet of corned beef and cabbage, whole potatoes, fresh baby carrots, and rolls

All ranks/grades

TEXAS HOLD'EM

Fridays @ Eagles Landing
Consolidated Club

Mini Buffet: 6 p.m.
Play Begins at 6:30 p.m.

Club Members: \$10, Nonmembers: \$15
*Price Includes Mini Buffet & Prizes

1240 Andrews Street
For Details Call 722-1192

www.sjfs.com

4th Force Support Squadron

March Entertainment . . .

COMEDY SHOW - *Featuring Finesse Mitchell* w/Top
After Hour Party with DJ Gemini in the Kitty Hawk Lounge
\$10 Members - \$15 Nonmembers

LIVE BAND - *Friday* - 9:00 p.m. Kitty Hawk Lounge
MARCH 19 - ONCE AND FUTURE KINGS
MARCH 26 - FATBACK AND THE CADILLACS

BINGO LUNCH TIME BINGO: Monday-Wednesday-Friday 12:30 p.m.
EVENING BINGO: Every Wednesday at 6 p.m.
Only Club Members and
Authorized Guests are Eligible to Play!

Vince Chapman and Friends Kick-Off Old School March 13
Kitty Hawk Lounge after party w/DJ Gemini

Country Night March 20 - DJ Dave All Nighter March 27 DJ Skillz

722-0339/0340

COMMUNITY Center

Morning Play Date



March 12 10 a.m. to noon

Moms. Dads. Bring the children for a morning play date at the Community Center. Sit back, have a cup of coffee while the children play indoors.



Community Center
722-0339 / 0340
www.sjfss.com



Airmen Game Night



@ the Community Center

1st place PRIZE!



March 12 5 p.m.

Sign up by March 10
Call 722-0339



TEXAS HOLD'EM

3.18.10
6-9 P.M.

FREE!
LIGHT REFRESHMENTS
CHIPS & CARDS PROVIDED

PRIZES!
1ST, 2ND & 3RD PLACE
WINNERS

WWW.SJFSS.COM



AGES 18+
SIGN UP
BY 3.16

COMMUNITY CENTER
722-0339/0340



Train in the following:

Wyotech

The official technical school of NHRA

TONY PARMER

Military Admissions Representative
toparmer@cci.edu - www.wyotech.edu/military

Automotive
Collision/Refinishing
Diesel
Motorcycle and Marine

DIPLOMA & ASSOCIATE DEGREES

Nine Month Programs - VA Benefits Approved

CALL 910-297-9178

BASEWIDE EGG HUNT
March 27



SJAFB PERSONNEL CAN

SAVE 25%

at the following locations in Myrtle Beach, S.C. area.

Hampton Inn

Northwood

620 75th Avenue North
(843) 497-0077

Hampton Inn

Broadway at the Beach

1140 Celebrity Circle
(843) 916-0600

Hampton Inn Harbourgate

2120 Sea Mountain Hwy.
North Myrtle Beach
(843) 249-1997



*Only the best
for the 4th Fighter Wing Best...*

Annual awards incentive package includes accommodations at Hampton Inn Broadway at the Beach, dinner and entertainment, all compliments of participating Myrtle Beach, S.C. businesses.



NO CREDIT CHECKS • NO CREDIT NEEDED • YOU'RE APPROVED

WE WANT YOU!

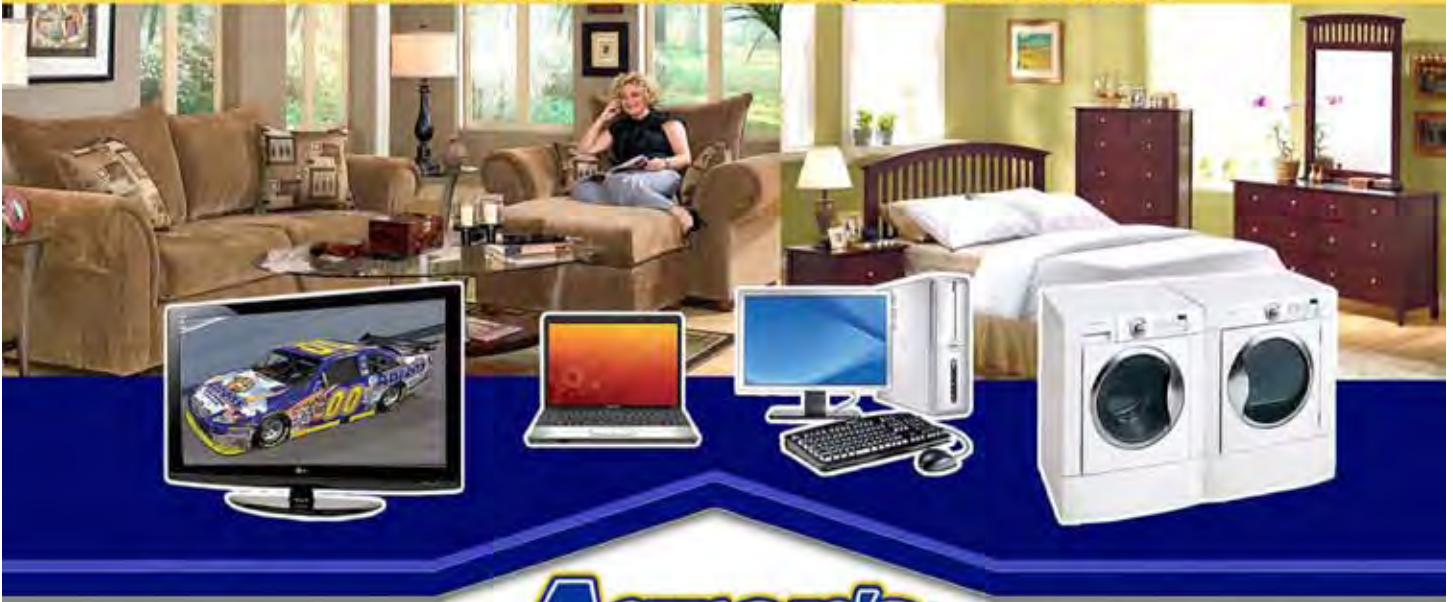
340 N. Spence Avenue • Goldsboro, NC 27534 • 919-778-9101

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on any new lease agreement

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**When you show your order to April 30th same day.

4TH FORCE SUPPORT

Quick **Reference**

Airman & Family Readiness

Center - 722-1123
1200 Wright Brothers Ave.

Arts & Crafts Center

722-1106/0412
1515 Goodson St.

Auto Skills Development

722-1309
1295 Jabara Ave.

Barber Shop

722-7760
Eagles Landing 1240 Andrews St.

Base Education/Training Services

722-5800
1520 Goodson St.

Base Library

722-5825
1520 Goodson St.

BellaMorphosis Women's Health Club

722-0413
1410 Langley Ave.

Child Development Center

722-1198/1199
1030 Langley Ave.

Combined Clubs Catering

722-7754
1240 Andrews St.

Community Center

722-0339 or 722-0340
1175 Wright Brothers Ave.

Embroidery Shop

722-7436
1515 Goodson St.

Eagles Landing Club

722-1192
1240 Andrews St.

Kitty Hawk Lounge

722-1192
1240 Andrews St.

Engraving Shop

722-1103
1515 Goodson St.

Family Child Care

722-7169
1200 Wright Brothers Ave.
Suite 105A

Fitness & Sports Center

722-0408
1500 Langley Ave.

Flight Kitchen

722-4085/4101
1980 Jabara Ave.

Fort Fisher Air Force Recreation Area

(910) 458-6549
1 (800) 645-9725
Kure Beach, NC 28449

Framing Shop

722-0412
1540 Goodson St.

Manpower & Personnel Flight

722-8MPS (8677) NEW LOCATION
1185 Cannon Ave.

NAF Human Resources

722-5957/5939/5956
1570 Wright Brothers Ave.
NEW LOCATION

Officers' Lounge

722-1340
1175 Wright Brothers Ave.

Outdoor Recreation

722-1104
1515 Goodson St.

Planet Bowl

Inside Scoop Ice Cream Parlor
722-0350
1290 Andrews St.

Pools See - Outdoor Recreation

Private Animal Care (Vet Clinic)

722-1465
1003 Collier Ave.

Simply Too Community Center

722-1340/0715
1175 Wright Brothers Ave.

Skeet & Paintball Range

722-7423
100 Skeet Place

Southern Eagle Dining Facility

722-5293/5294
Bldg. 3650, near Cannon Ave.

Southern Pines Inn

722-0385
1235 Wright Brothers Ave.

Teen Lounge

722-0398
1035 Langley Ave.

Ten Pin Cafe - Planet Bowl

722-0349
1290 Andrews St.

TEGC Snack Bar

Three Eagles Golf Course
722-0394

TEGC - Pro Shop

722-0395
1385 S. Andrews St.

Youth Activities Center

722-0502
1035 Langley Ave.

www.sjfss.com